Colleges offer many resources to help you be successful. They are all included in your tuition and fees, so use them!

WHERE CAN I GO FOR ACADEMIC SUPPORT?

**Academic advising:** Helps you understand the college’s academic systems, choose and apply to a major and access campus resources.

**Libraries:** Offer a variety of learning spaces where you can get help with research and collaborate with others.

**Tutoring centers:** Offer help on subjects like writing and math from your peers.

**Office hours:** Times when your professors are available to answer any questions you have about class.

WHERE CAN I GET PERSONALIZED SUPPORT?

**Career center:** Offers you career counseling and help in developing a resumé, writing a cover letter and preparing for a job interview.

**Diversity/multicultural center:** A space primarily for students of color and other communities to receive social and emotional support and feel safe to express their ideas and experiences.

**Counseling services:** Provides you confidential counseling and mental health support.

**Disability resources:** Provides reasonable academic accommodations for eligible students.

**Information technology (IT):** Provides different technology services and is a first stop for most campus-technology-related requests.

**Veteran services:** Serves as a liaison to the Department of Veterans Affairs and helps veterans transition out of the military and into academic life.

WHERE CAN I GET INVOLVED?

**Student union:** Provides meeting spaces, events, study groups and a comfortable environment where you can connect with the college community.

**Student life:** Offers a variety of on-campus job opportunities.

**Study abroad office:** Provides meaningful global travel experiences for college credit.

**Recreation center and programs:** Many colleges have gyms, sports fields, group fitness classes or club sports.

MAY: GRADE 12